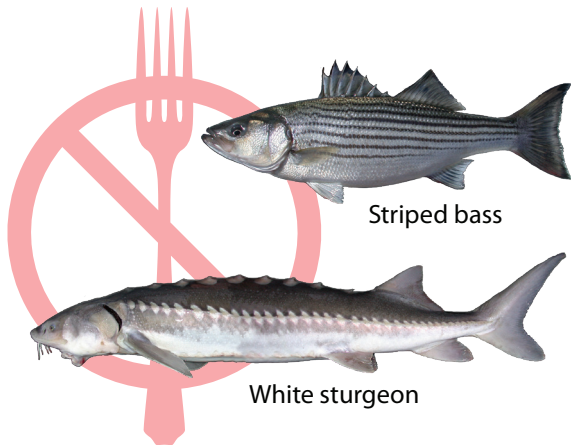
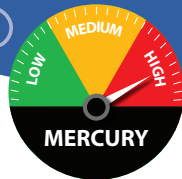


Eat Fish Safely: Central and Southern Delta



Striped bass

White sturgeon

Women 18 - 45

Children 1-17



DO NOT EAT



Men 18+

Women 46+



**Striped Bass: 2 servings/week or
Sturgeon: 1 serving/week**

www.oehha.ca.gov/fish

Some fish have high levels of mercury which can harm the brain, especially in unborn babies and children.

